

COURSE OUTLINE

PSY1160 – INTRODUCTION TO PSYCHOLOGY

Winter 2022

Lethbridge College inspires and facilitates learning and innovation to meet economic and social needs.

Centre: Business, Arts, and Sciences	Program: General Arts and Sciences
Instructor: Dr. Deanna Forrester Office: TE 1247 (Technologies Bldg) Email: deanna.forrester@lethbridgecollege.ca When emailing you MUST include your course and section number, or messages may not be returned.	Instructor Availability: Virtual office hours: Fridays 12pm – 1:30pm Messages will be responded to within 2 days Monday-Friday between 9:00 am and 4:00 pm.
Delivery Method: Traditional	Class Time: Wed & Fri - 2:00pm – 3:20pm Location: IB1103 (Instructional Bldg) View your personal class schedule (days, times, rooms) through the myHorizon portal or on Canvas. NOTE: times posted in Canvas are Mountain Daylight Time MDT (current Lethbridge College time). Make sure that you sign on at the right time (this is especially important if you are in a different time zone).
Credits: 3	Pre-Requisites: None Co-Requisites: None
Open to Supplemental Exam: N Research Component: N	Program Chair: Dr. Brent Cottle Associate Dean: Marda Schindeler Dean: Dr. Kevin Smith Main Program Contact Number: (403) 394-7338

Academic Calendar Description: This course gives students a basic understanding and overview of the field of psychology. Attention is given to the scientific method, biological factors, cognitive processes, learning, memory, intelligence, motivation, personality and social psychology. Developmental factors of the lifespan are explored along with the definition, and treatment of psychological disorders

Course Outcomes: Upon successful completion of this course, the student will be able to:

1. Discuss the schools of psychology and the beginnings of psychology as a science. Describe the modern psychological viewpoints and the scientific methods related to psychology.
2. Identify the relationship between physiology and behaviour.
3. Identify theories of personality formation and assessment.
4. Describe the developmental issues spanning the prenatal environment, newborn, adolescence, and early, middle and later adulthood.
5. List and describe the features and functions of the central and peripheral nervous system.
6. Define intelligence and identify intelligence testing instruments.
7. Explain short and long-term memory and how we remember and/or forget information.
8. Describe the principles of learning (classical, operant, and observational).
9. Explain social perception, attitudes, social influences, prejudice, and discrimination.
10. Define abnormal behaviour, its causes, and the various approaches to therapy.
11. Examine several different psychological disorders, how they manifest themselves, and appropriate therapeutic interventions.
12. Define stress, its impact, and how we cope with it.

Course Assessments:

Assessment (Assignment or Exam)	Value	Due
Exam 1: Unit 1 (Chapters 1-5)	23.33%	Feb 9 th – 11 th
Exam 2: Unit 2 (Chapters 6-9)	23.33%	Mar 16 th – 18 th
Exam 3: Unit 3 (Chapters 10-14)	23.33%	April 11 th – 14 th
Exam 4 - Final: Optional and Cumulative (All Chapters)	23.33%	Finals Week Dates TBA
Unit Quizzes	10%	Throughout term
Term Assignment – Annotated Bibliography	20%	March 4 th

Evaluation will be based upon the following criteria:

1. There are a total of four (4) Exams in this course with a cumulative total value of 70% of the final overall mark.
 - There are three (3) Unit Exams and one (1) Cumulative Final Exam, which covers the entire course. **Only the top three exam marks will be counted. In other words, the lowest of the four grades will be dropped.**
 - All Exams are written in Testing Services according to the schedule listed on CANVAS, students are responsible for booking their exam appointments with testing services.
 - Questions are all multiple-choice and will include material from the text, lecture notes, class discussions, videos, and presentations.
2. One Term Assignment worth 20% of the final overall mark.
 - This assignment is composed of a research paper as defined in the Research Assignment handout. ****No late assignments will be accepted**.**
3. Chapter Quizzes worth 10% of the final overall mark.
 - There will be one Chapter Quiz for each chapter released at the end of the chapter lectures.
 - The chapter questions come from the textbook chapter readings, classroom lectures and discussions, and the publisher test bank questions. The Quizzes are found within each of the Units Modules on CANVAS.

Penalties/Notes about Late Assignments:

- Exams may cover material from the text and any material presented on Canvas.
- Exams missed without the instructor's **prior written permission** or extenuating circumstances (approval at the instructor's discretion) **will receive the grade of 0%.**
- Assessments will not be accepted after the specified due date, i.e. **no late assignments or quizzes will be accepted**...so plan ahead! If you miss your term assignment, you will automatically receive a grade of zero.
- **There are no “make-up” assignments available. No Extensions – No exceptions.**

Grading System:

Grade	Percent	Grade Point	Explanation
A+	95 – 100	4.0	EXCELLENT
A	90 – 94	4.0	EXCELLENT
A-	86 – 89	3.7	EXCELLENT
B+	80 – 85	3.3	GOOD
B	76 – 79	3.0	GOOD
B-	70 – 75	2.7	GOOD
C+	67 – 69	2.3	SATISFACTORY
C	63 – 66	2.0	SATISFACTORY
C-	60 – 62	1.7	SATISFACTORY
D+	55 – 59	1.3	MINIMAL PASS
D	50 – 54	1.0	MINIMAL PASS
F	0 – 49	0.0	FAILURE

Grading:

Official final grades will be available on [Self-Service](#). Grades posted in Canvas should be considered interim grades.

Note: Grade Point Average (GPA) is the standard average measure of performance. Term GPA is an average of the grade points earned in all classes for that term and determines academic standing from term to term. Maintaining the Term GPA required for your program allows for progression in your program. Program GPA is the average grade points earned in all courses required for your program. Successfully meeting the Program GPA required is one criterion for graduation eligibility. To learn more about GPA contact Career & Academic Advising.

Program/Course Attendance Requirements (if applicable):

Attendance is not a required component of this course, however, do not expect to miss class and do well. There are topics covered in class that are not covered in the textbook.

General Course Expectations:

Students are expected to keep up with the textbook readings and module information and to complete any and all quizzes and assignments as they are posted. (Watch for deadlines in the Modules information or here, in the course outline).

All written work and term papers must be original and your own work. No term papers or course work may be submitted for a grade in another course (before or after taking this course), in whole or in part, without the permission of the instructor(s) involved, or without properly citing the material

Term paper assignments are designed to be a measure of a student's academic progress. Paying someone or having someone (i.e., fellow student, family member, friend or an essay mill) write your term paper is a serious form of plagiarism that will result in a failing grade and a College record of misconduct.

Instructional Method:

This course uses a traditional instructional method, meaning that the majority of the course will use a traditional lecture for delivery. In addition to lectures, students will be required to keep up with the material posted on Canvas and keep up with the required textbook readings. Doing so, will be instrumental in finding success in this course.

Class instruction time will be a blend of interactive lecture time, class discussions and video presentations.

Required Text(s), Materials, and Technology:

Rathus, S.A., Maheu, S.J., and Veenvliet, S.G.(2020). *PSYCH* (4thCdn. Ed.). Toronto, ON: Nelson Education Ltd.

Note: Important Dates and Deadlines can be found on the [Lethbridge College website](#).

Student Resources

Canvas:

[Canvas](#) is the Learning Management System (LMS) used by Lethbridge College. All students at Lethbridge College have access to Canvas, where they will locate course resources such as course outlines, grades, course materials, Canvas Inbox, and learning activities. Canvas also has a mobile app.

Lethbridge College Email:

[Lethbridge College email](#) is the main source of communication outside your individual courses. Be sure to access this often to ensure you have the most up-to-date information from across the campus.

Buchanan Library:

Use the [Buchanan Library](#) in person or online to find research materials required for class assignments and to help you with your information needs. Access over 50 databases to find articles on almost any topic and use our online catalogue to find books, ebooks, videos, articles, and more. Our staff provides guidance on how to find the resources you require.

Learning Café:

Students are encouraged to access the [Learning Café](#) in the Buchanan Library for various free services, including academic tutoring support (online and face to face), APA documentation and study skills workshops, peer tutoring, and [online learning resources](#).

Accessibility Services:

Students requiring academic accommodation (e.g., extra time, separate space, etc.) must register with [Accessibility Services](#) to determine eligibility for and implementation of these supports. If you have further questions, please feel free to speak to your instructor or contact Accessibility Services for more information.

Health and Shepell Counselling Services:

Our [Health Services](#) health care team of registered nurses, doctors, and psychiatrists are here to provide services that positively influence your health and well-being. Shepell offers a variety of services to help you meet the challenges of achieving your personal, professional, and academic potential. The primary form of support is personal counselling, which provides an opportunity to work collaboratively with a counsellor.

Advising:

[Academic advisors](#) are a great place to start if you aren't sure where to go for help. They are experts on college policies, procedures, program requirements, academic planning, and student supports, and they can help you at any point in your college experience.

Full-class Testing Service:

This course includes one or more exams/quizzes that will be written through Testing Services' full-class testing service. Rather than writing these tests during class time, you will have a window of time (typically 3–5 days) during which you will write your tests in the Testing Services' Satellite Lab.

Go to www.lethbridgecollege.ca/testing to book your exam appointment(s) within the dates provided by your instructor. It is strongly recommended that you book your appointment(s) well in advance. When booking your exam(s), select "Full-class Testing Service" as your exam group to make sure Testing Services can accommodate your booking. Please be aware of the testing [rules and regulations](#) prior to your exams.

In the event of remote learning: This course may require the use of Respondus Monitor for some/all exams. Respondus Monitor is a fully automated system that uses your computer's webcam to record you while you complete your exams using Respondus LockDown Browser.

Your personal information is being collected under the authority of Section 33(c) of the Alberta Freedom of Information and Protection of Privacy (FOIP) Act, and is managed in accordance with Part 2 of the FOIP Act. Exam recordings may be viewed for the purpose of invigilating your exam and investigating alleged Academic Misconduct. Recordings will not be used or disclosed for any other purpose without your written consent, unless required to do so by law.

If you have any questions about how the information you provide is collected, stored, used or disclosed you can contact the College's FOIP Coordinator by phoning (403) 320-3361, emailing privacy@lethbridgecollege.ca, or writing to 3000 College Dr S, Lethbridge, Alberta T1K 1L6 c/o Institutional Compliance.

Student Core Competencies:

Every student has the opportunity to earn, track and share achievement in seven areas of competency through the Hive. The student Core Competencies allow students to share evidence of achievement in the areas of critical thinking, global citizenship, teamwork and collaboration, communication, career and personal development, innovation, and problem solving. Please see the student hive or [Student Core Competency](#) website for more information.

Other Services:

If you would like more information on the many services available to students, please check out the [Current Students](#) section of the Lethbridge College website.

Institutional Policies and Practices

Course Work Used as Examples:

Should your instructor wish to use your work in future educational purposes, you will be asked to complete and sign a Student Release Form, authorizing both the instructor and/or the College to use your course work. This form, along with a copy of your work, is retained in the official copyright files located in the College's Intellectual Property Office. If you have any questions regarding Copyright and/or Intellectual Property, please contact the Intellectual Property Office.

Retention of Assignments and Exams:

Examinations/assignments will be retained by instructors to the end of the final grade appeal period. After the appropriate retention period, records will be destroyed in a secure manner. *Note:* Practicum course evaluations may be kept for a longer period of time. Please see the [Records Management policy](#) for more information.

Student Rights and Code of Conduct:

Academic Honesty is necessary for students to achieve excellence and for the preservation of the integrity and reputation of the course, the program, and of Lethbridge College as an institution. Lethbridge College supports and demands academic honesty in all academic learning activities.

Plagiarism is a serious offence and will be handled in accordance with Lethbridge College policy.

The penalties for plagiarism vary in degrees but may result in expulsion from the Lethbridge College. For definitions of what is included as plagiarism and academic dishonesty, please view the [Student Rights and Code of Conduct policy](#).

Recording of Classes: THIS INCLUDES THE RECORDING ANY ZOOM LECTURES/MEETINGS

Audio/video recording is permitted *only* with the prior written consent of the instructor or if recording is part of an approved accommodation plan. Such a recording is for the personal use only of the student who has permission to record. Following the course all such recordings must be destroyed.

Other Policies:

Students should be aware of policies and procedures that may impact them directly. More information can be found on the Lethbridge [College Policies page](#).

Important Notes about your Course Outline:

Please retain a copy of this course outline for future reference. It can be useful in providing documentation for course transfer credit.

Research Disclaimer:

Disclaimer 1: This course does not include any research activities that involve human participants.

Other Program Contacts

To contact the Dean or Associate Dean for the program, please contact the main program phone number on page 1 of this outline.